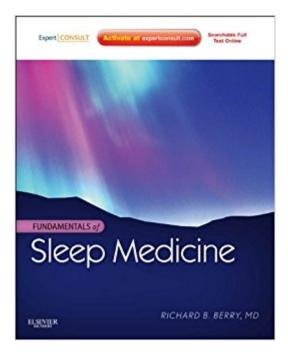


## The book was found

# **Fundamentals Of Sleep Medicine**





## Synopsis

Written by Richard Berry, MD, author of the popular Sleep Medicine Pearls, Fundamentals of Sleep Medicine is a concise, clinically focused alternative to larger sleep medicine references. A recipient of the 2010 AASM Excellence in Education award, Dr. Berry is exceptionally well qualified to distill today's most essential sleep medicine know-how in a way that is fast and easy to access and apply in your practice. Consult this title on your favorite e-reader, conduct rapid searches, and adjust font sizes for optimal readability. Compatible with Kindleà ®, nookà ®, and other popular devices. Get clear guidance on applying the AASM scoring criteria. Reinforce your knowledge with more than 350 review questions. Get the answers you need quickly thanks to Dr. Berry's direct and clear writing style. Access the complete contents online at Expert Consult, including videos demonstrating parasomnias, leg kicks, and more.

### **Book Information**

File Size: 19411 KB Print Length: 672 pages Simultaneous Device Usage: Up to 4 simultaneous devices, per publisher limits Publisher: Saunders; 1 Har/Psc edition (August 2, 2011) Publication Date: August 2, 2011 Sold by: A Â Digital Services LLC Language: English ASIN: B008WUD7I2 Text-to-Speech: Enabled X-Rav: Not Enabled Word Wise: Not Enabled Lending: Not Enabled Enhanced Typesetting: Enabled Best Sellers Rank: #475,550 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #25 inà Â Kindle Store > Kindle eBooks > Medical eBooks > Specialties > Otolaryngology #39 inà Â Kindle Store > Kindle eBooks > Medical eBooks > Internal Medicine > Pulmonary #160 in A Books > Medical Books > Medicine > Surgery > Otolaryngology

### **Customer Reviews**

I am a pulm/CC fellow with some interest in sleep medicine. I was looking for a medium sized book that would be easy to comprehend, would give the technical details of how a sleep study is done,

the basics of sleep interpretation and would then build up on it to give a detailed overview of different sleep disorders without being too esoteric. I looked at multiple books online, and it was so hard to find a book that would fit that profile. I dont like buying big volumes, because i never read them. I dont like too concise reviews because they dont really give you the core concepts. This was one of the only two books that fit the profile for what i was looking for- the other being a volume by Teofilo Choing. Anyways, I decided to buy this one because i liked the page layout. I havent been anything short of terribly impressed with this book. AFter going through more that half of the book, I am very happy with my purchase, and dont think there would have been a better match for what i was looking for. The text is so readable, and has multiple tables and charts and illustrations from PSG that it flows very fast. It is reasonably detailed without being too overbearing (except maybe at some points). I think I now have a good grasp of sleep medicine. The text is heavily referenced, and very much in tune with the latest AASM and CMS guidelines. I am actually amazed at the quality of the book, considering that its just the first edition. I think this is detailed enough even for sleep board (atleast the adult sleep part), and I have even recommended this to my friends who have just started sleep fellowship. I highly recommend this book.

One of the reviewers said that the the book was condensed. That is the last word you would use to describe it. Good book but certainly not something you'd read for the boards unless you had a year off. Does not make for easy reading with multiple digressions in main text to refer to this study or that and things that are not clinically useful. Questions are not well written.

Very good book to use when studying for the Polysomnography test

Good textbook. It is readable and suitable for the beginner in sleep medicine. It has good figures and covers the basics well, however it is light on the pediatric side of sleep medicine.

I am reading this book to prepare for the Sleep Medicine Boards. It is detailed without being hard to read. It has a few review questions at the end of each chapter. I recommend it. Price is reasonable for 660 plus pages of goodness.

This is absolutely the best book for passing the sleep medicine board exam. I passed the sleep exam in November 2011. I read numerous review books however, this one was the VERY BEST! Thank you Dr. Berry.

Excellent service. I am very pleased with this purchase. Thank you.

I was looking for a more detailed text to use as a reference for my class. I found this text to have everything I needed to supplement my lectures and it covered items not covered by other texts.

Sleep Apnea Book: Secrets of Sleep Apnea Treatment, Cure, Exercises, Machine and Pillow Advice (Sleep Apnea, Sleep Apnea Books, Sleep Apnea Cure, Sleep ... Sleep Apnea Machine, Sleep Secre) Sleep Apnea: The Ultimate Guide How To Manage And Treat Your Sleep Apnea (Sleep Apnea Machine, Sleep Apnea Guide, Sleep Apnea Cure, Sleep Apnea Treatment, Sleep Apnea Solution, Book 3) Insomnia: 84 Sleep Hacks To Fall Asleep Fast, Sleep Better and Have Sweet Dreams Without Sleeping Pills (Sleep Disorders, Sleep Apnea Snoring, Sleep Deprivation, ... Fatigue, Chronic Fatigue Syndrome Book 1) Sleep Apnea: The Most Effective Sleep Apnea Cure: Discover a Sleep Apnea Treatment in 7 Days or Less! (Sleep apnea, anxiety management, insomnia, diabetes, snoring, sleep disorders, respironics) Sleep Sleep: Use the Power of Your Subconscious Mind to Sleep Smarter and End Insomnia in Just 21 Days The Promise of Sleep: A Pioneer in Sleep Medicine Explores the Vital Connection Between Health, Happiness, and a Good Night's Sleep Healthy Sleep: Fall Asleep Easily, Sleep More Deeply, Sleep Through the Night, Wake up Refreshed Sleep Well: Meditation and Hypnosis Bundle for Deep Sleep, Relaxation, Stress Relief and Better Sleep Sleep Hypnosis Bundle: Hypnosis Collection to Fall Asleep Instantly, Induce REM Sleep, Get Better Sleep and Wake up Refreshed The Effortless Sleep Method: The Incredible New Cure for Insomnia and Chronic Sleep Problems (The Effortless Sleep Trilogy Book 1) The Sleep Ladyà ®'s Good Night, Sleep Tight: Gentle Proven Solutions to Help Your Child Sleep Well and Wake Up Happy Dental Sleep Medicine Basics: The Clinical Guide to Treating Obstructive Sleep Apnea Fundamentals of Complementary and Alternative Medicine, 5e (Fundamentals of Complementary and Integrative Medicine) Fundamentals of Sleep Medicine Good Night, Sleep Tight Workbook: The Sleep Lady's Gentle Step-by-step Guide for Tired Parents Emotional Healing, Heal the Pain from Your Past: Sleep Learning, Guided Meditation, Affirmations & Relaxing Deep Sleep Healthy Sleep Habits, Happy Child, 4th Edition: A Step-by-Step Program for a Good Night's Sleep Twelve Hours' Sleep by Twelve Weeks Old: A Step-by-Step Plan for Baby Sleep Success The No-Cry Sleep Solution: Gentle Ways to Help Your Baby Sleep Through the Night Sleep, Big Bear, Sleep!

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